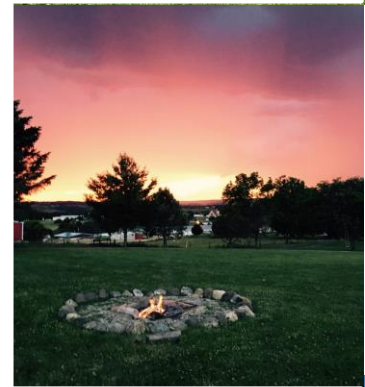


Women's Wellness Retreat

June 21-23, 2019

Yoga & fitness classes on a scenic farm, with farm-fresh meals, cuddly animals, and cozy cabins



WHEN:

June 21-23

Join us on the farm
Friday evening and
stay through Sunday morning

WHERE:

115 Wind Mill Road
Elizabeth, Illinois
2.5 Hours from Chicago

WHAT:

All things healthy.
A women's retreat for
the Mind, Body and Soul...
and a little animal love .

\$335: Includes all lodging, meals, classes & relaxation

CLASSES: Certified instructors will lead yoga, boot camp and cardio. Optional hiking and biking.

LODGING: Cozy and air-conditioned cabins, pillows, towels, full modern bathrooms in the barn

MEALS: All meals Friday PM-Sunday AM (healthy & farm fresh), BYOB

Register Now: www.TheCountryExperience.com/wellness-registration/